

# School Library Journal

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## Multimedia Review

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### Health

**Best of Broadway and Beyond** (Series). 3 CDs. range: 45–50 min. with tchr's. guide. Pennie Sempell's Place. 2008. \$44.95 ser., \$15.95 ea. Includes: **Fun Time Relax Time**; **Best Things in Life Are Free**; **Love Songs for Our Children**.

**PreS-Gr 3**—Pennie Sempell, a health professional, and Gerald Mitchell, a nutrition and fitness specialist, present 21 Broadway, Hollywood, and vaudeville classics in a call-in radio show format. In between the songs, they offer advice to youngsters' questions about health, relationship, and happiness topics. Sempell sings in a clear soprano, backed up by piano, guitar, drums, bongos, claves, maracas, and other percussion instruments. A children's chorus sings along on some of the tunes. Among the songs are "Carousel," "Danny Boy," "Grandma's Feather Bed," "Pennies from Heaven," "Pretty Baby," "Sonny Boy," "What a Wonderful World," and others. *Fun Time Relax Time* focuses on the relationship of fun and relaxation to health and reducing stress. *Best Things in Life Are Free* emphasizes that the best things in life can't be purchased, including mental and emotional well-being. *Love Songs for Our Children* presents the importance of community, friends, and family. the standards-based teacher's guide includes additional information about each song, lesson plans, and related activities. This series will enhance the health and music curriculum.—*Beverly Bixler, San Antonio Public Library, TX*